

<b>Responsorial Psalm Response</b> Ps 137:1-3.6-8  Lord, on the day I called for help, you answered me.	<b>Gospel Acclamation</b> <b>Alleluia, Alleluia!</b> You have received the Spirit which makes us God's children, and in that Spirit we call God our Father. <b>Alleluia!</b>
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<b>WEEKEND MASSES FOR COMMUNION SERVICES WHILE FR PETER IS AWAY SEE PAGE 3</b>						
<b>Epping</b>	<b>5:00pm Vigil, 8:30am, 10:15am, 6:00pm</b>					
<b>Carlingford</b>	<b>6:00pm Vigil, 7:45am, 9:30am</b>					
<b>WEEKDAY MASSES</b>	<b>Mon.</b>	<b>Tues.</b>	<b>Wed.</b>	<b>Thur.</b>	<b>Fri.</b>	<b>Sat.</b>
<b>EPPING</b>	No Mass	12:15pm	9:15am	12:15pm	12:15pm	9:15am
<b>CARLINGFORD</b>	9:30am	No Mass	9:30am	9:30am	9:30am	No Mass
<b>HEALING MASS</b>	<b>Carlingford</b> —1st Thursday, <b>Epping</b> — 3rd Wednesday					
<b>EXPOSITION OF THE EUCHARIST: Epping</b> Saturday 9:45-10:15am, <b>Carlingford</b> , 4th Thursday 10:00am						
<b>SACRAMENT OF RECONCILIATION: Epping</b> Saturday 9:45-10:15am <b>Carlingford</b> Saturday 5:00—5:30pm <b>OR BY APPOINTMENT</b>						
<b>BAPTISMS AND WEDDINGS: BY APPOINTMENT</b>						
<b>PARISH OFFICE:</b> 29 Oxford Street, Epping NSW 2121 <b>PH:</b> 9876 2853 <b>Email:</b> parish@eppcarl.org.au						
<b>ST GERARD MAJELLA PRIMARY SCHOOL: PH:</b> 9871 1633 <b>Email:</b> sgc@dbb.catholic.edu.au						
<b>OUR LADY HELP OF CHRISTANS PRIMARY SCHOOL: PH:</b> 9868 3322 <b>Email:</b> olhc@dbb.catholic.edu.au						

**Lord, in Jesus your Son, you restored to us the gift of Everlasting life. Grant that life to:**  
**Recently deceased:** Kathleen McCarthy, John Russo, Michael Kelly, Tong Yin, Helen Evans, Sharon Kelly, Ping Kew Chung,  
**Anniversary:** Roger & Jean-Claude Nina, Bill Kilby.  
**Also for:** Young Hwan Ho, Yong Min Ho, Young Seok Seo, Soo Woog Jin, Maria Hur, Alice Andrade,  
**Please pray for those who are sick:** Sean Huhse, Joel Steinberg, Patricia Rumble, Dean Pan, John Davies, Nicole Greenfield, Michael Furlong, Saulius Dovydas Balsya, Residents of Wesley Rayward Nursing Home, Rose Prior, Mark Di Palma, Anthony Conlon, Andrew Hannam, The Craig Family, Fr Mick Court, Margaret Maher, Anna & Leo Bruzze, Gerhard Stieger, Ron Jenkins, Dorothea Ellis, Rebecca Lawler, Ben Thornton, Elaine Finlayson, Jan Doherty, Brian Walsh, Patricia O'Connor, Kathy Noonan, Alice Eng Peck Quah, Dorothy Bonaccorso, Betty O'Connor, Narelda & Alan Ryan, Kit Smith, Margaret Floyd, Peter Baker, Greg Walsh, John Gilberti, Stella Nathan, Catherine Walsh, Brendan Stone, Melanie Loudoun, Mary Wijewardana, Elaine Hunt, Arnold Day, Maureen Carlon, Fr Adrian Borst, Augustine Hong, Luba Charlton, George Khouri, Antony Hogan, Ingrid Connor, Steve Toth, Martin & Gay Flood, William Jones, Nicholas Rajanayagen, Maria Lee, Patricia Muschalik, Ernest Lau, Delma Soria, Sr Abanasia Lee, Maria Belisario, Stella Edwards, Fara Vargas, Theo Stevens, Monica Weeden, Thomas Woodward, Brigitta Williams, Wai Chun Wong.

*Due to privacy laws, names of the sick and deceased can only be put in the bulletin with the permission of the immediate family.*

### Clergy Conference

The priests' from Diocese of Broken Bay will be attending a Clergy Conference from Monday 29th—Thursday 1st August  
Fr Joey will also be taking part in the Conference.

Therefore: All the Weekday Masses shown at the top of this page will become Communion Services in both Churches.

The Healing Mass scheduled for 1st August will be cancelled this month due to Fr Joey's tight schedule.  
We do ask for your understanding in this matter.

For further information please see page 3.

Date	Mass	Epping	Mass	Carlingford
03/08/19	5:00pm	Fr Joey Frez	6:00pm	Fr Michael Loke svd
04/08/19	8:30am	Fr Joey Frez	7:45am	Fr Paul Maunder ocd
04/08/19	10:15am	Fr Joey Frez	9:30am	Fr Paul Maunder ocd
04/08/19	6:00pm	Fr Joey Frez		

### BAPTISM IN THE PARISH THIS SUNDAY

Welcome to:  
Roman Lagarile  
Sophia Karen Futter  
Kayla Raine Evans



Please hold these children and their families in your prayers.

### Planned Giving Receipts

The Planned Giving Receipts are available for collection at the back of both churches this weekend for people who are in "Planned Giving" (envelopes, credit card and direct debit givers).

People not in Planned Giving can obtain receipts for CWF/Project Compassion from the parish office.

## The Catholic Parish of Epping and Carlingford Diocese of Broken Bay

**Our Lady Help of Christians' Church**  
31 Oxford Street, Epping and

**St Gerard Majella Church**  
543 North Rocks Road, Carlingford

**Parish Priest: Fr Peter Dowd,**  
**Ph.:** 9876 2853  
**Email:** peter@eppcarl.org.au

**Parish Office: 02 9876 2853**

**Email: parish@eppcarl.org.au**

**Parish Website: www.bbcatholic.org.au/eppingcarlingford**



**Administrator: Fr Joey Frez**  
**Ph.:** 9872 3400  
**Email:** joseph@eppcarl.org.au

**Welcome to our Parish of Epping and Carlingford** consisting of our two worshipping communities of St Gerard Majella's at Carlingford and Our Lady Help of Christians at Epping. If you are new to the area or visiting today we are glad that you are with us, and we hope that our celebrations of the Eucharist together will provide both nourishment and challenge on your Christian journey.

### YEAR C

### SEVENTEENTH SUNDAY IN ORDINARY TIME

**28-07-19**

**Genesis 18:20-32**

**Colossians 2:12-14**

**Luke 11:1-13**

Dear Brothers and Sisters,

My next stop for my "Fr. Joey's exciting excursion of Parish ministry" is one that is dear to me because I have interacted with them on many occasions, and one that helps me maintain my youthfulness.

I am sure all of us know our Antioch Youth group. They are so prominent both in our Carlingford and Epping churches. They meet every Sunday evening. Other things they do are: enact the Stations of the Cross during Good Friday, they sing during Mass in both our churches, some of them are catechists, they help out with the kids words during Mass, they run the Cana programme every Friday night, they are group leaders in Alpha that meet every Tuesday night, and they decorate St Gerard's church at Christmas. One of the things that impressed me is their organisational skills. When the Year of Youth Cross visited our parish last year, they were the ones who organized the two-week celebrations that included the opening Mass for the reception of the cross, the Praise and Worship Adoration night, the Taizé prayer service, Stations of the Cross, and the procession of the Cross from Carlingford to Epping with the supervision of Kevin MacDonald. Lately, they organized a trivia night, my first experience of such, and I and all the attendees enjoyed the night.

Surveys say that less and less young people are interested in God and religion in our present time. In other words, our youth are anomalies. Our Antioch group is one of the biggest in Sydney. This intrigued me, so I did a Q&A with them and I would like to share their answers with you.

1. What do you think youth these days are looking for?  
A place to belong, meaningful connections, feel loved by others and known, have a sense of purpose for the future, make a difference in the world, have friends and people to support them, a fun time.

- How do they look at religion and the church nowadays?  
Some say that religion is outdated by science, church is old and no longer relevant today, only their parents value it and not them, they choose and pick what they want to believe with regards to the Church's teachings, their view about religion is dictated by the media which is not positive at all like Christians being extremists and fanatics and judgmental or self-righteous.
- What are they looking for in a church or religion?  
A place of acceptance, to be loved for who they are, to be able to ask questions and to be given a voice, social justice, something that is not too "out there" and too bland, community and support.
- What aspect of religion are they most interested in?  
Spirituality, social justice, theology, catechism, moral theology (i.e. same-sex issues, abortion, euthanasia, marriage, etc.)
- What do you want to see more in the parish?  
More people getting involved in different activities and not just the same people helping, more young people and young couples involved, more discussion and logical reasoning on "Why do Catholics believe what they do? A public forum on the parish website where questions can be raised anonymously, trained counsellors to help and support them.
- What do you want to see less in the parish?  
No answer.
- How does Antioch help you?  
Gives them a place to belong, to build friendships, to have companions in their difficult spiritual journey and to share their questions and doubts without being judged, ability to go to Mass with other young people, helps them to find a place in the parish, helps them to grow in their

...continued on p.2

### Parish Mission Statement

We are a diverse Catholic community centred in the Eucharist. We gather for worship to serve and reach out to others as we grow in relationship with God and each other.

### Safeguarding Message July 2019

A culture of Safeguarding values WISDOM....."Who is wise and understanding among you? Show by your good life that your works are done with gentleness born of wisdom." - James 3:13

...continued from the cover

Relationship with God, opportunities to attend youth events like WYD, retreats, and ACYF.

8. How can the parish support the youth?  
Reassure them that what they are doing matters, families with young kids to participate in the parish events, support the Antioch weekend which is the highlight of all their events for the year, help raise funds for their trip to the Australian Catholic Youth Festival, volunteering their time during youth events, they are so grateful for the generous and financial support they receive from the parish for their programmes and events, a table tennis table would be greatly appreciated!

From their answers we can get an idea on how our youth are thinking and what they are experiencing.

This weekend they will be holding a bake sale to continue to raise funds for their trip to Perth later in the year for the Australian Catholic Youth Festival (ACYF). Let us continue to support them for we are so blessed to have a very active youth group in our parish!

Fr Joey

### Asking the right question

#### Ask for help and ask the right question

Did you hear about the lad trying to lift this large piece of wood? It weighted about as much as he did. His dad came along and watched his lad struggle and knew he would not be able to lift it. Finally, his dad asked, "Are you doing all you can to lift that piece of wood?" His son said "Yes" as he tried again with all his strength. His dad replied "Well, you haven't asked me to help you?"

So often we don't **ask for help**.

In the reading from Luke's Gospel Jesus encourages us. He says. **"Ask."** **"Search."** **"Knock."**

He also promises us that if you ask, search or knock, you will **"always receive"**, you will **"always find"**, and the door will **"always open"**. If you are not sure what to ask for, then search for whatever it is.

Jesus said he came so that we would have life and life to the full. If you think that life to the full has not happened yet, then what are you searching for? What do you need in life and what do you need for life and what do you need to be fully alive? Jesus wants all of us to **live life to the full**. If you are not sure who this God is, then knock and the God of life and love, will open the door and welcome you. So, knock on the door and when the door opens, Jesus tells us to say "Father". Talk to God by name. speak directly and ask, "Your kingdom come". "Give us our daily bread". Go through your shopping list and you will separate out what is important for your comfort and what is most important with your heavenly Father.

A great example of this is in the first reading where Abraham discusses with God. Abraham said "I am bold indeed to speak like this to my Lord. Will you destroy the whole city if there be fifty less just men?" He kept asking and bartering as he negotiated with God, until he was down to "If there be 10 just men?" How audacious was Abraham ~ no grovelling just persistent. He kept asking the Lord to consider. We can keep asking too!

Sometimes we don't **ask the right question**. Jesus finished by telling the disciples *and there is more ...* How much more?

Jesus said, ***How much more will the Heavenly Father give the Holy Spirit to those who ask him.***

The Father gives us His Spirit of Love, gives us the friendship, the joy, the power and all that comes with the Holy Spirit dwelling within us. Ask and we will receive the Holy Spirit. Search and we will find the Spirit of Love within us. Knock and the door will be opened for the Holy Spirit to enter into our lives.

May we ask the right question, **"Heavenly Father, we ask you, give us your Holy Spirit"**.

Denis McNamara *Coordinating Missionary Disciples*

#### Letters to Christian communities in the early Church

Next week, an invitation to join others in reading a Chapter a day of some of those letters. Reading or listening to those letters you will discover how relevant they are for us today.

#### Alpha at Carlingford

The Alpha journey is almost complete. The Holy Spirit has led the team and guests to grow in friendship with others in the community and to know God's love in an empowering way. Their commitment has been truly encouraging and inspiring.

#### Small Groups will meet in Spring

You will soon be invited to meet with people who sit in pews in Church by joining a group and sitting in a circle in a home. There is so much more to explore and to discover and how much more will our Heavenly Father enrich us with the Holy Spirit to guide and direct our parish. We pray ***Give us your Holy Spirit***.

### AFTER HOURS SICK CALLS— 9876 2853

Outside office hours our office phones divert to Fr Peter and Fr Joey at home. In the event that they are unavailable, their answering machines will record your message or ring the number given in the message. However, if possible please restrict routine enquiries to office hours.

### ECUMENICAL RELATIONSHIPS

Our parish is strongly committed to ecumenism and a formal Covenant has been signed with the Anglican Parish of Epping, Epping Uniting Church, West Epping Uniting Church and Epping Baptist Church.

### ADMITTED TO HOSPITAL

A reminder that if you are admitted to hospital, please try to ensure that you write down your religion as Catholic on the admission form, so that you can receive Catholic services during your stay.

**Have You Told Us?** If you have recently changed your address, phone number or email. For parishioners who give by credit card, does your credit card expire in the near future? Please give the parish office a call on 9876 2853 if you have received a new credit card and/or a new expiry date.

### The Truth Justice and Healing Council

www.thecouncil.org.au  
Ph.: 6234 0900

### SMARTLoving Marriage Weekend Seminar

Open to all married couples, the SMARTLoving weekend is a solution-focused seminar that will equip you and your spouse to identify your unique love profile and learn practical ways to love more effectively. Whether you are in a stable marriage or a stressed one, you can consolidate strengths, overcome barriers, and move closer to being the couple you want to be. Take some time for yourselves and register for this weekend.

**When:** 21-22 September 2019

**Venue:** St Joseph's Retreat Centre, 33 Barina Downs Rd, Baulkham Hills

**Time:** 8:30am Saturday – 4:30pm Sunday

**Cost:** \$445 per couple (accommodation and full catering)

**Registration:** [www.trybooking.com/BDEKL](http://www.trybooking.com/BDEKL)

**PLACES ARE STRICTLY LIMITED**

**Enquiries:** [events@bbcatholic.org.au](mailto:events@bbcatholic.org.au)

### THE NICENE CREED

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, **(all bow)** and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

### MIRACULOUS MEDAL ASSOCIATION:

Mass with Novena will be celebrated in St. Anthony's Church, 54 Agincourt Rd., Marsfield, on Saturday, 3rd August, 2019 at 10.00 a.m. All welcome.



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### Pre-Marriage Course

**Couples** before you officially say **"I-Do"**, take this course to learn how to **build** a stronger foundation for your **marriage**.

Call **Cynthia:** 0404 488 238

**E:** [3Rcounselling@gmail.com](mailto:3Rcounselling@gmail.com)

[www.3Rcounselling.com.au](http://www.3Rcounselling.com.au)



### Divine Mercy Story in Sydney:

The group started in Sept 2009. There were about 8-9 people attending each month. We were meeting one weeknight every month. At that time having newly arrived in Australia it meant a lot to me to start a small spiritual community group as this is very common from where I come from, which is Malaysia.

In Malaysia, my BEC (Basic Ecclesial Community) came together and started this Divine Mercy Chaplet devotion group when I was 12 weeks pregnant with our son as he was diagnosed with possible Down syndrome. We got together as a community and prayed the Divine Mercy novena for 9 days. After a few weeks had passed and I went back to see my gyn, he was amazed that what he had seen in the ultrasound before he couldn't see it any more. It was a miracle and our son was born normal, is a healthy 15 years old now, an altar server and plays the guitar in our church choir every 1<sup>st</sup> Sunday. Praise the Lord! Thank you Divine Mercy. The group in Malaysia is still going strong after all these years and each time I return to KL I endeavour to join them for their once a month Divine Mercy gatherings.

Therefore, it became very important for me to share this wonderful chaplet and continue praying together as an outside church community small group. Some parishioners were happy to participate and we started off by meeting in members' homes every month for this special prayer. For some time we even met in the PMR to be able to host more people. However, since we rebuilt our home in North Epping in 2015, I have held the Divine Mercy chaplet gatherings monthly at my place.

Just like back home, the purpose of our group is to pray together, support each other in our journey of life, and offer our love and friendship to each other and mainly to be good disciples of God. We are motivated by Christ's love to meet each other and pray for one another and our church community together each month.

Besides, the Divine Mercy group, I also served as a Catechist from 2008-2012, was in the PPC for 3 years, choir for the past 5 years and was in the welcome community for 4 years. My husband Ravi is an Adult Server for the past 6 years and daughter Rani is an Altar Server, in choir and also in Antioch.

We welcome anyone who would like to join us for the Divine Mercy Chaplet prayers monthly, please refer to our parish bulletin for more info on this and we like to thank Father Peter, Father Joey and Maree for all their love and support in helping us advertise each month.  
Cynthia Nathan

### Ann George: Why?

I was looking for a small group faith experience as I thought that it was the ideal way to develop my faith and have fellowship.

What it means / what you get from it.

The power of reciting the divine mercy chaplet is now quite well known within the Catholic Church. This was an opportunity for me to take part in this within my own local church.

There is the special benefit and experience in reciting the Divine Mercy Chaplet as a group. We also discuss a bible passage and have intercessory prayer and these add to the spiritual experience. Further we as a group have grown in our relationship to each other. It's a kind of spiritual family.

### Nina Deacon

#### TELL US SOMETHING ABOUT THE GROUP:

A dedicated group with a core of about 10-15 people, who meet to pray the Divine Mercy. We are welcomed guests of Cynthia and Ravi. After prayers we enjoy fellowship. Our group is supportive, welcoming, sympathetic and provide wise counsel to each other.

#### WHEN DID IT START?

It started in September 2009 with Cynthia, Ravi and myself in attendance.

#### HOW MANY PEOPLE ARE ATTENDING?

Varies from 5-10.

#### WHEN DO YOU MEET?

Fourth Tuesday of the month.

#### WHAT DO YOU DO WHEN YOU MEET?

Books are being distributed. We will sing two songs. Bible passage is being read. Afterwards we will share our thoughts. Start with opening prayers and then recite the Divine Mercy chaplet. Read Consecration of our family to the Sacred Heart of Jesus. Lift up our intentions for others. Prayer of Thanks. Song two Healing Songs. Recite the Litany of St Mary MacKillop.

#### WHAT IS THE PURPOSE OF THIS GROUP?

Spread the message as St Faustina was asked to do. To show the world the Jesus is Kind and Merciful.

#### ASIDE FROM YOUR MEETING, WHAT ELSE DO YOU DO FOR YOUR PARISH.

I am a Catechist for 20 years. Member of Altar Society at St. Gerard's Church.

#### Fifi Jap:

I joined Devine Mercy because in this group we pray together and lift our concerns to the Lord. I find the group helpful as we can share our experiences how the Lord brought each of us through with our struggles and challenges. Therefore by sharing our experiences and praying together we strengthen and grow in our faith. We also get to meet new friends.



### PARISH DIARY FOR THIS WEEK

Day	Date	Time	Event
Sun.	28/07/19	9:30am	Kidz Word at St Gerard's
		10:15am	No Kidz Word at OLHC this Sunday
		11:15am	Fundraising bake sale after Mass by the Antioch Group
Mon	29/07/19	7:00pm	PMR Epping Antioch meeting
		9:30am	<b>Mass at St Gerard's Church</b>
		7:30pm	PMR Carlingford SVdP Meeting
Tue.	30/07/19	7:30pm	CH Carlingford Rosary Group
		12:15pm	<b>Communion Service at OLHC Church</b>
		7:00pm	PMR Carlingford Alpha Sessions
Wed.	31/07/19	7:30pm	PH Epping Confirmation Parent Information Evening
		9:15am	<b>Communion Service at OLHC Church</b>
		9:30am	<b>Communion Service at St Gerard's Church</b>
Thur.	01/08/19	7:00pm	CH Epping Adult Choir Practice
		10:00am	<b>NO Healing Mass at St Gerard's Church</b>
		12:15pm	<b>Communion Service at OLHC Church</b>
Fri.	02/08/19	19:30pm	PH Epping Confirmation Parent Information Evening
		8:50am	State School Mass Carlingford High School
		9:30am	<b>Communion Service at St Gerard's Church</b>
Sat.	03/08/19	10:10am	PMR Carlingford Scripture Reflection
		10:15am	OLHC Class Mass Yr. 5
		12:15pm	<b>Mass at Our Lady Help of Christians' Church</b>
Sun.	04/08/19	1:00pm	CH Carlingford Adult Choir practice
		4:30pm	CH Epping Rosary for the Immaculate Heart of Mary
		7:00pm	PH Carlingford CANA
Mon.	05/08/19	9:15am	<b>Mass at Our Lady Help of Christians' Church</b>
		9:45am	Reconciliation
		10:15am	<b>NO Exposition and Benediction</b>
Tue.	06/08/19	5:00pm	<b>Mass at Our Lady Help of Christians' Church</b>
		5:00pm	Reconciliation at St Gerard's
		6:00pm	<b>Mass at St Gerard's Church</b>

PH—Parish Hall, CH—Church, PMR— Parish Meeting Room

#### PLENARY COUNCIL 2020:

SNAPSHOT reports for the National Themes for Discernment have been released and provide a summary of each of the themes for discernment, inspired by the voices of the People of God in Australia. On 28 July the comprehensive report from Phase 1: Listening and Dialogue will be released. This Year affords us time to Gather, Listen and Discern what God is asking of us in Australia at this time. Look out for *Listening & Discernment Guides* that will help guide you on this journey.

Find out more: [www.plenarycouncil.catholic.org.au](http://www.plenarycouncil.catholic.org.au)

#### Homelessness Week 4-10 August 2019

On any given night in Australia 1 in 200 people are homeless. Homelessness Week is an annual week coordinated by Homelessness Australia to raise awareness of people experiencing homelessness, the issues they face and the action needed to achieve enduring solutions. This year's theme is "Housing Ends Homelessness." Factsheets can be found at [www.homelessnessaustralia.org.au](http://www.homelessnessaustralia.org.au) or support the "Everybody's Home" campaign at [everybodyshome.com.au](http://everybodyshome.com.au)

### PARISH STAFF

**Parish Secretary:**  
**Dennis Porteous** Ph.: 9876 2853  
Email: dennis@eppcarl.org.au

**Asst. Parish Secretary:**  
**Maree Balzulat** Ph.: 9876 2853  
Email: maree@eppcarl.org.au

**Pastoral Care Assistant:**  
**Maree Balzulat** Ph.: 9876 2853  
Email: maree@eppcarl.org.au

**Parish Support Worker (PSW)  
Sacramental Programmes and  
Children's Ministries**  
**Lynn Siau**  
Ph.: 0407 255 593  
Email: lynn@eppcarl.org.au

**Sacramental Programme Assistant:**  
**Lisha Abraham**  
Ph.: 0407 255 593  
Email: kids.sacrament@eppcarl.org.au

**Pastoral Support Worker (PSW) Youth:**  
**Joanna Mak**  
Ph.: 0423 717 550  
Email: joanna@eppcarl.org.au

**Missionary Discipleship Coordinator:**  
**Denis McNamara**  
Ph.: 0410 041 944  
Email: denis.mcnamara@eppcarl.org.au

**Parish Pastoral Council**  
If you have any questions, comments or feedback for the Parish Pastoral Council then please send an email to [ppsecretary@eppcarl.org.au](mailto:ppsecretary@eppcarl.org.au)

### Solemnity of the Assumption of the Blessed Virgin Mary



**Thursday 15th August**  
is the Solemnity of the Assumption of the Blessed Virgin Mary – a holy day of obligation  
Mass times are as follows:

**14th August**  
7:00pm Vigil Mass at St Gerard's Church

**15th August**  
9:30am Mass at St Gerard's Church  
School attending.

**15th August**  
12:15pm Mass Our Lady Help of Christians' Church—School attending.  
7:30pm Mass at Our Lady Help of Christians' Church





## Confirmation 2019

Enrolment for the Sacrament of Confirmation will close on Sunday, 28<sup>th</sup> July. In our Diocese of Broken Bay, children who have been baptised and are in Year 2 or above are eligible to celebrate Confirmation.

Enrolment information, forms and brochures are available at the back of both churches and can be downloaded from the parish website [www.bbcatholic.org.au/eppingcarlingford](http://www.bbcatholic.org.au/eppingcarlingford) Alternatively, please feel free to contact us at [kids.sacrament@eppcarl.org.au](mailto:kids.sacrament@eppcarl.org.au) and we will forward you the enrolment pack via email.

The Parent Information Sessions will be held on the following dates:

- Tuesday 30<sup>th</sup> July 7:30pm at the Parish Hall in OLHC Epping - for parents who are enrolling their children in our Sacramental Programme for the first time
- Thursday 1<sup>st</sup> August 7:30pm at the Parish Hall in OLHC Epping - for parents who have had an older child come through our Sacramental Programme in the recent years

We look forward to sharing this time with parents (kindly note children need not attend). The Parent Information Session encompasses aspects of Confirmation and our parish Sacramental Programme which are important to assist parents in the understanding of their child's faith journey and their partnership with the parish. All are welcome especially if you would like more information before deciding whether to enrol your child.

We always like to hear from you! If you have any queries or would like more information regarding your child's sacramental journey within our parish, please feel free to contact us.

### Children's Mass - Carlingford

There will be a Children's Mass at 9:30am at St. Gerard's Church, Carlingford on Sunday 4<sup>th</sup> August.

The children can be involved in hospitality, readings, prayers and processions. Please email me if you would like your child to be allocated a role.

Lynn Siau  
Sacramental Programmes & Children's Ministries  
0407 255 593  
[lynn@eppcarl.org.au](mailto:lynn@eppcarl.org.au)



**Dads' Club** The monthly gathering of the parish Dads' Club (for all dads in both the Epping and Carlingford communities of the parish) takes place this **Friday 2<sup>nd</sup> August** at 7:30pm. For details contact Tim Paxton 9945 0151. Dads welcome for a relaxing and enjoyable evening.

**MONDAY NIGHT ROSARY – ST GERARD'S, CARLINGFORD**  
Just a reminder that the Rosary is said at St Gerard's, Carlingford every Monday night at 7:30pm. For further information please call Ms Gallo 9872 5181.

### CARLINGFORD HEALING MASS

Our monthly Healing Mass will **NOT** take place this **Thursday, 1st August at St Gerard's.**

Instead, there will be a 9:30 am Communion Service in the Church.

The reason for the Healing Mass not taking place is because Fr Joey will be away from Monday 29<sup>th</sup> July until Thursday 1<sup>st</sup> August. He is attending the annual Clergy Conference along with all the other priests in the Diocese of Broken Bay.

Thank you for your understanding.

### CHARITABLE WORKS FUND APPEAL

The first CWF Appeal for this Financial Year will be held next weekend 3/4<sup>th</sup> August in both our Churches.

**CLASS MASS** Yr. 5 Class Mass at Our Lady Help of Christians' School, Epping this **Friday 2<sup>nd</sup> August at 10:15am.** All class families are welcome!

### Being baptised into a community of faith

#### Q Why is Baptism the first sacrament we receive?

A Baptism is sometimes called "the door to life and to the kingdom of God" (*Christian Initiation, General Introduction, 3*). It is the first sacrament we receive because it enables us, through the Holy Spirit, to respond to Christ's Gospel and to serve God faithfully as members of the Body of Christ, the community of Christian believers.



In Baptism, we die and rise with Christ.

The other sacraments we receive in our lives – in particular, the Eucharist – nourish and sustain us as we seek to live the call we received at Baptism. This call is to be missionary disciples – living lives faithful to Christ, proclaiming His Word through prayer and action, in whatever circumstances of life we are in.

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Excerpt from the English translation of Rite of Christian Initiation of Adults.

### Rosary for the Intentions of the Immaculate Heart of Mary



The rosary for the intentions of the Immaculate Heart of Mary will be recited every Friday afternoon at 4:30pm in Our Lady Help of Christians' Church. You are most welcome to join.

### FIRST SATURDAY DEVOTIONS

There will be devotions in honour of Our Lady, on the 1<sup>st</sup> Saturday of the month preceding the 9:15am Mass at Our Lady Help of Christians' Church. This includes the rosary and prayers. You are most welcome!

## Youth Page

### OUR PARISH ANTIOCH COMMUNITY

**NO MEETING THIS WEEK  
AS THE GROUP WILL  
BE VISITING LINDFIELD/KILLARA**



All young people from Yr. 10 to age 22 are **VERY WELCOME!!**

For more information  
**Joanne—0416 030 927**

"It was at Antioch that the believers were first called Christians." ~Acts 11:26



### CANA: OUR yrs. 6-9 YOUTH GROUP



**CANA is on this Friday 2 August  
from 7:30—9:00 pm in St Gerard's  
Parish Hall.**

CANA is a relaxed social and Christian gathering for young people between Year 6-9, with a combination of **games, food, a talk** each week and **prayer**.

Come along and try it, bring a friend along and make some new friends.

**If you have any questions, please contact the Youth Minister, Joanna Mak  
[joanna@eppcarl.org.au](mailto:joanna@eppcarl.org.au) or 0423 717 550**

### Australian Catholic Youth Festival (ACYF)

Are **YOU** interested in attending the Australian Catholic Youth Festival (ACYF) in Perth this year?

This national festival occurs once every 2 years and is designed to bring young Catholics all over Australia together. This 3 day convention (**from 8-10th December, 2019**) will host a wide range of activities including music, prayer, leadership talks, worship and a pilgrimage walk. This festival is specifically for people between **Year 9 up to 30 years old** (under 18s must be accompanied and supervised by an adult). If you would like to find out more or you are interested in attending the ACYF, please email the Youth Minister on [joanna@eppcarl.org.au](mailto:joanna@eppcarl.org.au) or call Joanna on 0423 717 550.

Please keep this date for your diaries!

**12th October—Parish Retreat**  
at St Benedict's Monastery  
121 Arcadia Road, Arcadia

Further details to follow when they come to hand

**VISITING CELEBRANT** We welcome Fr Peter Carroll MSC, Fr Geoff Bugden, and Fr Terrence Bell, who will be celebrating Masses at Epping this weekend. Please make him welcome.

### Altar Society—St Gerard's

The Altar Society at St Gerard's is in need of volunteers. Could you help arranging flowers, dusting, cleaning, polishing brass and silver. There is a roster and the duties usually take place on a Friday morning.

If you can help, please contact the parish office on 9876 2853 or email [maree@eppcarl.org.au](mailto:maree@eppcarl.org.au)

### Marriage Enrichment Weekend

Take time to step back from everyday distractions and rediscover your relationship!

10-11<sup>th</sup> August at **St John Bosco Parish, Engadine, NSW**  
The new format of this weekend in a "Live Out" weekend. For further enquiries please ask our booking couple Adrian and Janet Sullivan on the contact number below:

**Book online at [www.wvme.org.au](http://www.wvme.org.au).** Alternatively contact Adrian and Janet Sullivan: on 0490 774 419 or [adri-an.janet1@bigpond.com](mailto:adri-an.janet1@bigpond.com)

**Worldwide Marriage Encounter.**

### Antioch Group Fundraiser

There is still time to help the **ANTIOCH GROUP FUNDRAISER** with attending the Australian Catholic Youth Festival! Buy an Entertainment Membership today for \$70 and receive a **BONUS \$10 Woolworths WISH eGift Card!** Hurry, offer ends 11:59pm AEST, 14 July. This book offers discounts to a wide range of offers including dining, shopping, movie tickets, travel, theme parks, hotels, care hire etc. and is great for the family or as a present for others. You can order online here <https://www.entbook.com.au/9g60740>

### BEYOND OUR PARISH

#### Discernment Evenings

Every Christian has a vocation, a special invitation from God to become holy and whole, to walk a unique, earthly path that ends ultimately to heaven. Samuel Group participants are encouraged to bring their unique questions, desires, strengths and weaknesses to God, and to learn to respond to His loving voice.

This discernment event is for you or any young adults, who will meet together once every couple of months in order to pray, ask questions and discover their individual vocations or lifetime call from God.

We invite you to set aside a few hours on Wednesday evening 24 July in order to learn more about God and yourself and investigate your vocation, a special call from God, to have a mark in this world.

Date: 24th July 2019  
Time: 5:30pm—7:30pm  
Where: The Priory, Holy Name Parish, 35 Billyard Ave, Wahroonga

#### Natural Fertility Talk

"God created male and female...God blessed them, be fruitful and multiply..." Gn 1: 27-28

"How do we prepare ourselves to take on parental roles to receive this God's gift?"

The educator of Natural Fertility Services from Diocese of Parramatta is giving us a special talk .

Date: Sunday, 4th of August, 2019  
Time: 2.00pm - 3.30pm  
Venue: St Monica's Parish hall, 8 Daking St, North Parramatta. All are welcome.